



Responsible Drinking Tips

Responsible drinking is easy to do. Following these simple tips can, and will, save lives. Never drink and drive. Even consuming one drink can have an impact on driving skills and awareness. If you drink, never drive.

Please don't ever let a drunk driver behind the wheel of a car. This may be hard to accomplish, but try the following strategies:

- If the person is a close friend, be calm and approach the subject lightly. Suggest to your friend that he or she had too much to drink and that it would be better if someone else drove them home or if they took a cab. Make it sound as if you're doing your friend a favor. Depending on your friend's personality, you may also want to approach the subject in a joking manner.
- If you are supposed to ride home with the person, tell them that if they insist on driving, you will not ride with them.
- If the person is someone you do not know well, try to get a closer friend to approach the person.
- Depending on the circumstances, you may want to find the person's keys while they are preoccupied and take them away. More likely than not, the person will believe that they lost their keys. They will be forced to find another way home.

Avoid embarrassing the person or being confrontational. When people are under the influence of alcohol, they don't think clearly. The person could take off in a huff or start a fight. Be as calm as possible. **REMEMBER:** Impairment starts with the first drink.